



Sheffield & Rotherham



NATIONAL
LOTTERY FUNDED

Wild at Heart

Be wild, whatever your age

Sketch Walk

How to make a mini sketch book!

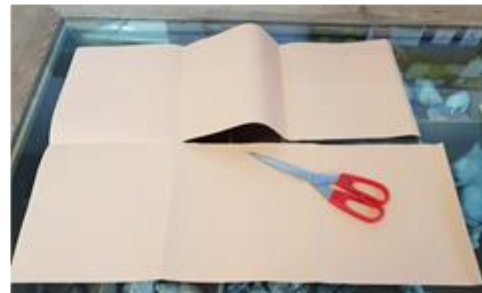
1. Fold your piece of paper in half (lengthways)



2. Fold into thirds



3. Cut down centre line as shown

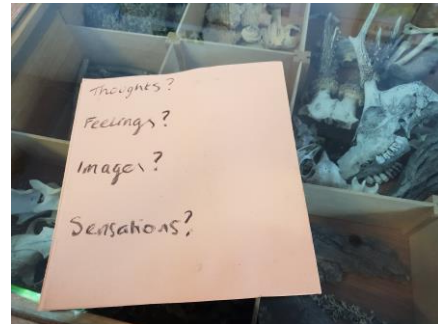
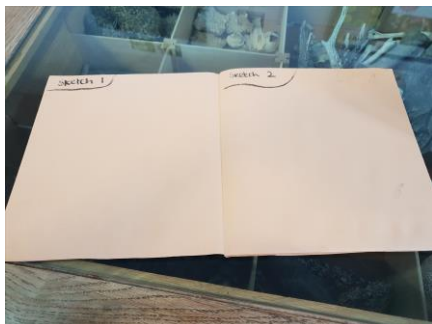


4. Fold paper in a concertina fashion, then glue front, back and middle pages.



5. Add some prompts to your pages to help you on your walk.

Things like thoughts, feelings, sensations, weather etc.



6. Go out and enjoy your walk! See what you notice...

Spend 5-15 minutes in different areas making a quick sketch. You could focus in on the detail or make an abstract impression of the whole area.

No pressure, just see what happens!