

Wild at Heart

Be wild, whatever your age

Observation Walk

Head outside with a camera. Take time to notice what is natural in your local area and think about what it means to you.

Take a photo of something green

Find a tree to watch for a while

Can you touch it? Say one word about how it feels.

Look up at the clouds. Say one word about how they make you feel

Can you see a living creature? A bird, an insect? Watch it for a while

Take a photo of where it is – even if it has flown off or scurried away

Is the sun shining? Take a photo with the sun in front of you

Turn around and take a photo with the sun behind you. Can you see any difference?

Count how many different shades of green you can see

Breathe in the air. What does it smell like?

Listen out for birds singing. Look closely, can you see them?

Take a photo of something yellow

Keep an eye out for butterflies. Can you get a photo?

Stop and stamp your feet. Notice the ground beneath your feet

Find an object to take home – a feather, a stone, a leaf

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