

How Nature Connected Are You?

Take our quiz to find out

The Following questions are about you and nature.

By nature we mean all types of natural environment and all the plants and animals living in them. Nature can be close to where you live in towns; the countryside or wilderness areas further away.

Please tell us how often you agree with each of the following statements, by putting a tick in the relevant box.

	Completely Disagree	Strongly Disagree	Disagree	Neither Agree or Disagree	Agree	Strongly Agree	Completely Agree
I always find beauty in nature							
I always treat nature with respect							
Being in nature makes me very happy							
P.T.O							



	Completely Disagree	Strongly Disagree	Disagree	Neither Agree or Disagree	Agree	Strongly Agree	Completely Agree
Spending time in nature is very important to me							
I find being in nature really amazing							
I feel part of nature							

Nature Connectedness Index Rating:

(National Average is 62)



Nature Connectedness Index Response Scale

CLARIFICATION TEXT IN INTERVIEWER INSTRUCTION USED IF RESPONDENT IS UNCLEAR:

By nature I mean all different types of natural environment and the things that live in them. It can be close to where you live or further away, and includes green spaces in towns and cities (such as your own and other people's gardens, parks, playing fields and allotments); the countryside (such as farmland, woodland, hills and mountains); and watery places (such as streams, canals, rivers, lakes, the coast and the sea.)

NCI items and weighted points index for each point on the response scale – conversion spreadsheet is available.

Response scale rating

Statement	1	2	3	4	5	6	7
I always find beauty in nature	0	1	2	3	5	9	15
I always treat nature with respect	0	0	1	2	4	6	10
Being in nature makes me very happy	0	1	2	3	6	10	16
Spending time in nature is very important to me	0	1	2	3	6	11	19
I find being in nature really amazing	0	1	2	3	6	10	17
I feel part of nature	0	1	2	4	7	13	23

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