

How to: choose plants for wildlife gardening

Recommendations for plants and other resources to make your garden a haven for people and wildlife. With thanks to Ben Keywood ([Sheffield and Rotherham Wildlife Trust](#) and entomologist) and Fran Halsall (Garden Services Manager at [Regather Cooperative](#) and Nature Educator at [Naturally Focused](#)) for the use of these lists.

Ben's recommendations:

Plants for caterpillars of butterflies and moths

Sheep's Fescue Grass
 Annual Meadow Grass
 Stinging nettle
 Dog Violet
 Aubretia
 Lady's Smock (Cuckoo Flower)
 Sheep's Sorrel
 Birds Foot-Trefoil



Nectar rich flowers for butterflies, bees and other pollinators

Ox Eye Daisy
 Honeysuckle
 Aubretia
 Ice Plant (Sedum)
 English Lavender
 Marjoram
 Honesty
 Aster sp
 Black Knapweed
 Scabious
 Crocus



Trees and shrubs

Hawthorn
 Blackthorn
 Buckthorn
 Apple (malus)
 Hebe
 Dog Rose
 Raspberry
 Buddleia
 Ivy



Photo credit: Paul Hobson/The Wildlife Trusts

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Fran's resources and recommendations

Read and watch:

- Book - 'The Garden Jungle, or Gardening to Save the Planet' - Dave Goulson (2019)
- Video - World Bee Day 2020: "Bee declines and pesticides"youtu.be/snFHmOLu8nk
- Article: thenewperennialist.com/wild-ish-at-heart-naturalistic-planting-design/
- Article: rhs.org.uk/wildlife/native-and-non-native-plants-for-pollinators
- Article: gardenersworld.com/plants/20-trees-for-small-gardens/
- Resource: brc.ac.uk/plantatlas/ - for checking a plant species' origin and associated insect species.

Organic and peat-free plant suppliers:

Heeley City Farm
Potting Shed, Nether Edge, Sheffield

bluebellcottage.co.uk

gardenorganic.org.uk

paddockplants.co.uk

peatfreeplants.org.uk

penlanperennials.co.uk

premierseedsdirect.com

seedcooperative.org.uk

vitalseeds.co.uk

With thanks to:

